



MID-VALLEY BICYCLE CLUB

Spokesman

April 2001

Cycling in
the Com-
munity

Up front

by John Morris, President

As I am sitting at the computer to write this month's *Up Front* article, I noticed a stack of papers I had put aside for later reading. Included is the March 2001 edition of *The City*, Corvallis' monthly newsletter. Looking for inspiration, I opened it up and was immediately greeted with two familiar faces, Rob Gandara and Susan Christie.

On the inside cover, Susan Christie is presenting an award to Mayor Helen Berg on behalf of the League of American Bicyclists for making Corvallis a Bicycle Friendly City. The League, of which MVBC is a member, recognizes the city's transportation plan which has a vision for cycling "safely, conveniently and pleasurably from the home to all destinations within Corvallis." According to the League, Corvallis leads the state in percentage of residents who commute by bike.

There must be some truth to this claim. Do you see Susan commuting by bike as much as I do? How many times have you shown up at a bike club event and seen fellow club members on their two wheeled, people-powered vehicles? Do Dick and Heidi Pattee (that young retired couple who are leaving for Washington soon) even own a car?

On the facing page of *The City* is the smiling mug of newly elected City Councilor Rob Gandara. Rob is known by members of the MVBC as the guy who shows up when the weather is at its worst because he doesn't want to, "waste a sunny day on a road somewhere." In addition to all of his newly appointed city committee posts, Rob also serves as Member-at-Large for the MVBC. We trust Rob will continue the increasing state

of bicycle friendliness and notoriety that Corvallis has achieved.

These aren't the only club members involved in the community. Walt Prichard serves as the club Advocacy Rep-

1-2-3's of MVBC-Announce

1. Send a blank (no subject) email to major-domo@peak.org
2. In the body of the message say, "subscribe mvbc-announce [your email address]" (don't include the quotes or brackets!)
3. On the next line type, "end" (again, no quotes.)

Don't put anything else in the message. Send the message and wait for news! This list is actively managed and "spamming" is not allowed.

representative. Nancy Meitle is actively involved with a community grant that provides cycling safety training for youth along with bicycle helmets for those who can't afford them. Susan also serves as the club's representative to the local alternate transportation group, Getting There. There are others too, but space is short!

To keep informed of these activities, consider joining the MVBC-announce distribution, see details in box above. Are you doing something in the community the club should highlight? Please drop me a line and let me know, I'd like to acknowledge your effort in a future column.

Also in this issue

- Max Headwind
- Cycling the Kettle Valley RR
- Ride Calendar
- Volunteers Needed

Humbly yours,
John

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Club First Aid Kits Updated
Becky Steinmetz

The MVBC First Aid Kits have been checked and updated this month. I will be keeping the extra supplies at our home. If any club member uses the first aid kits and any supplies are used, please contact me for replacement supplies. The Club presently has eight first aid boxes to serve our emergencies. Joe Monteleone did an incredible job in 1999 putting these together, and I will try and keep them current and updated with everyone's help. If a Club member needs to have a first aid kit for a bicycle event, they are organizing, please contact Joe about obtaining one. Thanks.

hard copy file for your vital information. Regardless of what the computer says, a hard copy cannot be disputed. Thanks to all who do send in the completed and signed form. Hint: A hard copy on a full 8 1/2" x 11" sheet of paper assures that your information doesn't get buried in the file folder under 200 other names.



Attention Cyclists!!

Josh Storer

Opportunity to promote bicycling with the next generation. Volunteer to ride with 4th through 7th graders on two hour rides Friday mornings and/or afternoons this spring. Students will be finishing a week of bicycle safety training and we will take them riding the streets of Corvallis. At least five riders needed for each session. Times are 9:30-11:30 am and 12:30-2:30 pm. Dates are April 27, May 4 (AM only), May 11, May 18, May 25. June rides yet to be scheduled. Also accepting volunteers to help with on the bike training, bike fitting, bike safety checks, and helmet fitting during the week.

Contact Josh Storer, Bike Safety Education Coordinator.
 ph: 752-9934, or email: josh-storer@hotmail.com



A Plea From the Membership Chair
Lyle Dalton

It would behoove us all to remember that your membership club is not infallible, and neither is his computer. When you renew your membership, please, please include the completed renewal form. Microsoft Access is a great program, but names have been known to vanish without a trace, and sometimes the only way to know that you ever existed is to search the ol'

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Cycling the Kettle Valley Railway – Sept
10-15, 2000

Pat Collard, Julie Maloney, Berta Rawie (Cottage Grove)

The Kettle Valley Railway is an abandoned rail bed in the southern interior of British Columbia. The railway was built to serve silver and copper mining. It fell into disuse after 1960, and by 1990 all the tracks had been removed. The hard-packed gravel rail bed goes from the town of Nelson westward to Hope, nearly 600K. Much of the attraction of the KVR is that it is a true wilderness trail through forests, canyons and river valleys. We traveled with the tour company, Great Explorations, which offers the option of camping or lodging. Their tour is divided into 3 stages. We did Stage 2, from Beaverdell to Coley Creek.

On a rainy day we were vanned and then bused from a meeting point in Vancouver to the tiny town of Beaverdell. There were 29 cyclists in our group, some from as far away as Toronto and Columbus, and 4 guides. We were served a delicious catered meal at the campground under canopies to protect us from the rain. Needless to say, rain that first night did dampen our spirits. The lodgers, including ourselves, had rooms at the old and somewhat seedy Beaverdell Hotel, built before 1900.

Day 1 (53K): We awakened to a dry day, and after breakfast at the campground, we got our first look at the KVR. Several riders including ourselves were riding cross or touring bikes with the “knobby” tires possible. We traveled uphill most of the day in granny gear (2-3% grade) dodging what we called “mid-sized boulders”, and wondered what we had gotten ourselves into. We removed our shoes to push our bikes across Wilkerson Creek. The lunch stop was at Arlington Lakes where we could see newly fallen snow on the faraway mountains. We passed Summit lake, a photo op, and on to our stop for the night at McCullough Lake campgrounds. Our cabins were very rustic, but we were served a delicious dinner and breakfast in the newly built log lodge overlooking the lake.



3

MAX HEADWIND

Early Spring Ride

It's a Sunday
first Sunday of spring, come to think of it
and I find myself alternating
between seeing the sun streaming outside,
calling to me
and the rain, the wind,
telling me I have chores to do at home

Finally, determination sets in
clenching my jaw and closing my rain jacket
I set out on a ride
something about the solitude
and the temperature
tells me I have to ride as though I were
deliberate, determined

Riding along a cycle path
I see no other cyclists
but I do see a squirrel
tail up in the air
looking as determined as I'm trying to look
trotting along toward me, past me

I don't know what he thinks of me
but I see his seriousness as
worthy of a smile
as is mine

then the sun breaks out
toward the end of the day
I open up my rain jacket
and point out to the couples
who have suddenly appeared on the path
like mushrooms
the rainbow that arcs in the east.

Day 2 (50K): Morning arrived with a light coating of ice on our bicycles. This day was the highlight of the tour. We traveled 10 K through Myra Canyon which has 18 restored trestle bridges and 2 tunnels. Trestle # 11, at the summit of the trail (1274 meters) is a curving 132 meters long. Tunnels were dark and some had standing water. Along the way were concrete pads which were the site of former water towers used to store water for the steam engines. The views across the wooded canyon were beautiful. Tonight's stop was at Chute Lake Resort, where our

(Continued on page 4)

(Continued from page 3)

guides prepared dinner at the campground. Again we stayed in rustic cabins where our mantra for the evening was "don't flush".

Day 3 (58K): A little rain this morning soon gave way to clear skies. We were headed downhill today, coasting around rocks, ruts, huge puddles, and the occasional cow pie. Markers along the trail pointed the way to the location of rock ovens, built by Scandinavian railroad workers for baking bread. We cycled a hilly detour around the collapsed Adra Tunnel. In late morning we cycled thru a short tunnel to emerge to magnificent views of Oganagan Lake, and Pentiction in the distance. The Oganagan Valley is home to many wineries. Lunch had been prepared for us at Hillside Cellars, where tours of the winery were offered. From here we cycled the highway into and through downtown Pentiction, joining the KVR again on the other side of town. And now we were traveling uphill again, as the railway gradually climbed out of the valley. The trail here is more difficult because the rail bed is sandy. At the top of the grade we walked our bikes across the 76m long, 73m high Trout Creek bridge which has not been restored - no railings or planking - definitely not for the "height challenged". The tracks remain on this trestle and for 12K beyond for a stream railway operating here. We took the road into the town of Summerland, passing apple orchards overflowing with fruit. This was our luxury day - a motel, and dinner at the Sherzinger Winery where we were entertained with railroad songs by the "Kettle Valley Brakemen", a group of five musicians.

Day 4 (55K): After a sumptuous breakfast at a tea room in town, there was a three mile climb out of the valley to reach the KVR again. Some of us took advantage of a van ride to the top. The railbed follows a canyon, passing between Trout Creek and steep canyon walls, where fallen rock littered our

path. We got off our bikes and walked a steep single track down through the woods that detours around a washout. The canyon opens out and we pass Osprey and Link lakes. A few miles beyond the intersection of Wrong Way and Right Way we reach our destination, Roxy's B&B. The little store across the road, which sold ice cream cones did a big business from weary bikers. The B&B consisted of a campground and new cabins, bathhouse and outhouse. A hearty dinner was served outdoors under the trees. Swapping stories around the campfire ended the day.



Approaching a tunnel

Day 5 (60 K): Leaving the B&B we passed under a large wooden sign announcing that the KVR is part of the Trans Canada Trail. In the morning the trail went through farmland, with gates that had to be opened to cross private land. Then we rode into the Tulameen River Valley and into the town of Princeton and lunch at Subway. Some riders took time to visit the Princeton Museum, with history and mining displays. One of the prettiest stretches of the railway awaited us in the afternoon, as we biked through a beautiful shady canyon, alongside a clear river. Gold was discovered here in 1885, and prospectors still search along this watershed for their fortunes. Later the trail passes through Parr Tunnel - 147m. Owing to its curvature, neither end of the tunnel can be seen from the middle. Now that is DARK! As we turned from the trail into Coalmont, we were greeted at the edge of town by a large sign announcing a warning to women: "BEWARE! There is a predominance

of bachelors living here." Coalmont is nearly a ghost town, except for the Coalmont Hotel, built in 1911, one of the oldest, still operating hotels in BC. With creaking stairs, sloping floors (we could swear that it had the original linoleum) and iron bedsteads, the lack of amenities ("Gents" and "Ladies" down the hall), and goats in the backyard, it was a sight to behold. The sportsman bar, complete with bearskins on the wall, provided a welcome respite for the hot and weary. A buffet of snacks served outside on the long wooden porch, followed by a huge dinner served in the quaint dining room, completed the day.

Day 6 (35K): Fortified and rested, with packed lunches bouncing in bike bags, we made our way once more along the railway bed, for the final day of cycling the route of the old steam engines. New scenery at every turn, reports of bear sightings, fresh bear scat along the rail bed kept us alert, as we once again dodged cow pies, and horses. Stage 2 finished at the backcountry ranch of Bert Sharky near Coley Creek, where he has been entertaining travelers with his humor and storytelling for many years. It was the end of a long hot day, so we were ready for the van trip back to Vancouver.

Although some parts of the KVR are well maintained, as in Myra Canyon, much of section 2 is not. There are signs along the way, stating this fact, and reminding cyclists that they travel at their own risk. There have been washouts, and mini landslides, etc. At one point, we found ourselves literally "walking the plank" as a board had been placed across a dry creek bed. Options included walking down through the deep sand, along the creek bed and up the other side, or rolling your bike on its back wheel across the plank. All in all, it was quite an adventure. If interested, this trip could easily be done on your own. See the book *Cycling the Kettle Valley Railway* at the Corvallis Public Library.



MVBC EVENT CALENDAR: April-May, 2001

Saturday rides meet at Circle Blvd. **BEANERY.** Sign up roster is available until ten minutes past the hour. Rides begin at fifteen minutes past the hour. An ANSI/SNELL approved helmet is required. Recommended equipment: Frame pump, spare inner tube, patch kit, minor adjustment tools, full water bottle, and clothing to fit the climate because we ride rain, or shine. Because of the range of abilities, rides usually break into groups riding at different paces. Group sizes and abilities vary depending on who shows up. Tour Captains: Richard Burgess 758-5006 & Tim Corbett 757-6691.

Show and go rides start at 10:00

April 7, Saturday, 9 am It will be warm today, partly cloudy.

- **Long Ride:** Seven Mile to **Crabtree**. **61.3 miles** (B490)
- **Short Ride:** Peoria to **Albany** via Tangent. **34 miles** (A160)

April 14, Saturday, 9 am: Some showers, but warming.

- **Long Ride:** Bellfountain Rd. to **Harrisburg**. **61.2 miles** (B480)
- **Short Ride:** Bellfountain Rd. to **Bellfountain** out and back. **40.2 miles** (B240)
- **First Beginner Ride, leave @ 10 AM**

April 16, Monday, 6:15 pm dinner, 7:00 pm program

- **General Meeting.** Papa's Pizza, 1030 SW 3rd St. Lloyd and Grace Swanson will share adventures from their trip to the Dordogne region of southwestern France. *Cycling in Bicycle Heaven*

April 21, Saturday, 9 am: Dress warm, unseasonably cool.

- **Long Ride:** Independence Rd. to **Pedee**. **62 miles** (C710)
- **Short Ride:** Independence Rd. to **Helmick Park**. **33.9 miles** (B200)
- **Second Beginner Ride, leave @ 10 AM**

April 28, Saturday, 9 am: Spring winds out of the South.

- **Long Ride:** Riverside to **Lebanon**. **54.4 Miles** (A380)
- **Short Ride:** Riverside to **Albany**. **32 miles** (B110)
- **Third Beginner Ride, leave @ 10 AM**

May 5, Saturday, 9 am Showers, but great food.

- **PIG OUT!!! Don't eat breakfast, come prepared to eat well. Secret route.**

START TIME CHANGE TO 8:00!!!

May 12, Saturday, 8 am: Bring the sun screen, unseasonably hot.

- **Long Ride:** Bellfountain Rd. to **Harrisburg**. **61.2 miles** (B480)
- **Medium Ride:** Bellfountain Rd. to **Bellfountain** **40.2 miles** (B240)
- **Short Ride:** Bellfountain Rd. to **Decker**. **28.8 miles** (B090)

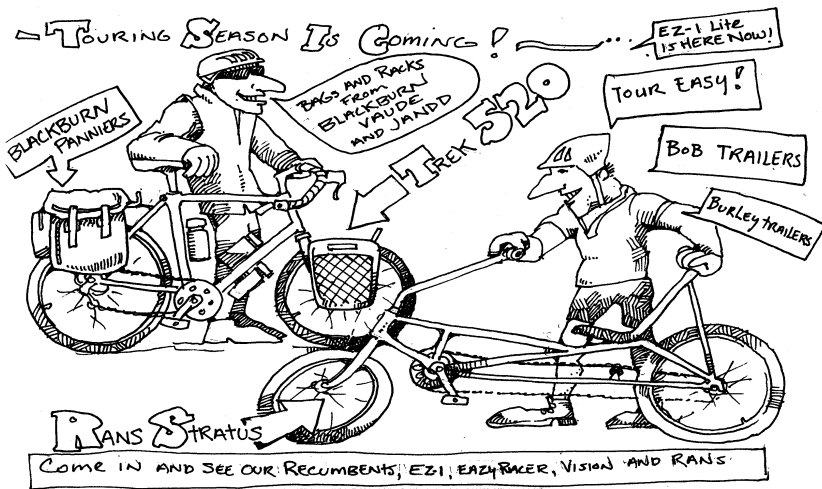
May 19, Saturday, 8 am: A bit cooler, but still a nice day for a ride.

- **Long Ride:** **Armitage Pk** via Harrisburg. **79 miles** (A640)
- **Medium Ride:** **Brownsville** via Shedd. **52.4 miles** (B330)
- **Short Ride:** Harvest Rd. to **Shedd**. **34 miles** (A210)

May 26, Saturday, 8 am: Summer-like.

- **Long Ride:** **Alsea Falls**. **69 Miles** (C590)
- **Medium Ride:** **Kings Valley**, return via Airlie. **45.6 Miles** (B280)
- **Short Ride:** **Decker**. **32 miles** (B170)

- *No host goodies and banter at Circle Blvd. Beanery half an hour before the Saturday rides. Please, only go inside if you plan to buy something.*
- *Every Wednesday at 9:30 AM: Meet near Camp Adair Road—first gravel parking lot east of Hwy. 99W. Ride to Dallas or Monmouth at an easy to moderate pace. Weekly except when nobody shows up. Dave Wallace 753-1778. Counts for Club Mileage if somebody remembers to record it.*



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Fork Recall

WASHINGTON, D.C. - In cooperation with the U.S. Consumer Product Safety Commission (CPSC), By Us International Co. Ltd., of Taiwan, is recalling about 40,000 Ballistic front suspension forks installed on certain Brunswick mountain bicycles. The forks on these bicycles can break apart, causing riders to lose control and fall. By Us International Co. previously announced the recall of 13,500 of these forks in May 2000. The firm has since disclosed that more of these forks are defective.

By Us and Brunswick have received 26 reports of forks on these bicycles breaking resulting in nine riders, including teenagers, suffering serious head and bodily injuries, abrasions, bruises and chipped teeth.

The recalled forks were installed on Mongoose S-20 and MGX S-20 bicycles, which are orange, and the Roadmaster Ridge Rider bicycles, which is red. The forks on these bikes are black with decals that read "BALLISTIC" and "105" on the sides of the suspension fork legs.

Discount department stores, including Wal-Mart, and toy stores, including Toys R Us, sold the bicycles with these forks nationwide from June 1998 through June 2000 for between \$125 and \$150.

Consumers should immediately stop using these bicycles and call Brunswick Bicycles to determine if the fork on their bike is part of the recall. Consumers should have the serial num-

ber of the forks available. The serial number is located on the inside of the suspension fork leg. Consumers with recalled forks will receive a free replacement fork and free installation. For more information, call Brunswick toll-free at (877) 211-3525 between 8 a.m. and 5 p.m. CT Monday through Friday, or visit their web site at www.mongoose.com.

To see a picture of the recalled product(s) and/or to establish a link from your web site to this press release on CPSC's web site, link to the following address:
<http://www.cpsc.gov/cpsc/pub/prerel/prhtml01/01091>.



Spring flowers are here!

Berger's Cycle Europe Trivia

Ann Asbell

There have been many wonderful travel logs and programs about the various trips from Summer, 2000. Maybe you have grown weary of being envious of these travels; maybe you have not. Just for fun, here is a bit of trivia from the Berger Cycle Europe 2000 trip ridden by MVBC members Dick Berger, Bill Daley, and Ann Asbell. Dick's brothers, Bud and Paul, both from California, also rode.

Bikers find various ways to pass the time on trips, both on and off the bike. One of our rituals was happy hour at the close of each day -- and maybe a beer at lunch -- possibly a beer for dinner. Happily, we present this list and apologize for any incorrect spellings:

BIER RATINGS
31 Biers in 19 days
(* is top rating)

No Rating	*	***	****
Adams brau	Ganter	Stiegl	Augustin
Huber		Gossen	Palmbrau
Kaiser		Hasden Gut	Laffe
Starkenberger	**	Staatsbraucci	Rotthaus
Forenburger	Kipfen	Park	
Lowen Garten, dunkel Kirner		Hatz Pils	
Edelspez	Furftenberg Lager	Hoepfner Pils	
Ganter	Kadeberger	Konigsbacher	
Amstel (dunkel)	Supa Bock	Bitburger	
Staatsbrau - Rothaus Hefe	Konig Isner	Mousel	
		Hoegaarden	

As the miles get long and the weather is questionable, we find ways to divert our attention:

*There once were 3 brothers named Ber - gair
Who thought they'd cycle Europe with a flare
They ate freitish (sp) 'til they'd bust
And bier was a must
And ate chocolate and drank cognac all they dare.*

We touched ground in five countries over 19 days of travel. At our concluding meal (which also was Bud's birthday dinner) we agreed upon the following:

Best Breakfast: Blobergerhof (Salzburg), Traban on the Mosel
Best Overnight: Haiming, Austria; Horse Resort in France
Best Dinner: Haiming; Weingarten, Germany
Best Day of Riding: 3 Germans escorted us to Bingen; peaceful Sunday morning in France
Worst Hotel: Lahnstein, Germany (trains all night); Wörgel, Austria (industrial town)
Memorable Meal: Sauerkraut at Horse resort; Sauerbraten in Weingaraten
Worst Ride: Strasbourg; last day from Mosel River to Luxembourg
Best Lunch: Piesport on Mosel with swans
Luckiest Moment: finding horse resort in France; finding place in Bingen
Worst Moment: Strasbourg - ride in and lunch; getting drenched going into Rheinau, Switzerland
Favorite Country: Austria!

auf Weidersehen

OUR RIDE CAPTAIN REPORTS

There are several newsworthy items this month. First, the beginner rides start on April 14th and will culminate with the Pig Out Ride on May 5th. Richard Burgess will lead these rides and they will depart from the Bean at 10:00AM. Also, the 9:00AM start time rolls up to 8:00AM starting May 12th. Finally, we'll be offering three 'official' rides starting on the 12th also. It's been great seeing such large crowds show up for our Saturday rides.

Tim Corbett

10AM Rides

The Saturday 10AM rides have been more populated lately. I suspect it is due to the warmer, sunnier weather, though in my fantasies, I like to think it has to do with its appeal as a "niche" activity. It seems to appeal to riders who prefer a more casual experience than what the 8/9AM rides offer.

Again, we ride 25 - 40 miles, at 12 - 14 mph, leave no one behind, and always stop for a snack and socializing. I humbly suggest there is one thing that would make our rides, and, I think, the "regular" rides safer and more club friendly. That is moving the starting place back to the Osborn Aquatic Center (OAC). For those who haven't been there lately, the OAC offers south facing (read: warmer) room to congregate, plenty of bike racks, ample parking, and friendly rest rooms, even showers for members!

I know this suggestion will not please everyone, yet I continue to think that our bikes and bodies crowding the front area of the Beanery are a nuisance to shoppers and passersby. Most of all, I think the OAC area is safer to bicyclists, since there is no need to thread our way through a busy parking lot onto a busy street in order to get started. Mind you, my experience comes solely from the 10AM rides which are attended by only about 20% of the number of 8/9AM rides. I shudder to think of the mass of bikes and bodies milling around in front of these places of business. Remember, our image follows us onto the streets and roads of this area.

So far everyone who defends the status quo offers only one argument for keeping the Beanery start: Some members prefer to have a coffee before the ride. Why not just have a coffee at the Beanery, then roll casually over to the OAC for the announcements and sign-up before the ride begins? The OAC start is the place for making important announcements and carrying on club business without the distractions often present at the Beanery.

Jerry Deery

Pig Out Ride

Mark your calendars for Saturday, May 5 to come to the annual MVBC Pig Out Ride. This year will be another great bicycle route and will have a few yummy surprises to keep you spinning. The route will offer a route for EVERYONE...young and wise...so please show up at The Beanery (next to Richey's) at 9:00 am sharp for a route sheet to begin a fun and enjoyable spring morning pedal, which will surely include a few stops along the way to sample some tasty treats. See you at The Beanery!

Charlie and Becky Steinmetz

Loop Tour II Full

The Loop Tour Committee would like to inform anyone interested in riding a MVBC loop tour this summer, that Loop Tour II is officially full. Nor is there room on the waiting list. There is still room on Loop Tour I.

Betsy Reid, Loop Tour Registrar

Do You Have A Dream?

Would you like to get on your bike and ride off into the wild blue yonder? See Indian relic in the Southwest Desert? Ride the hills that Lance trains on? Eat all the great southern food you want? Ride around the bayou's on the edge of the Gulf Coast? Want to try real Cajun food and music? See the Atlantic Ocean at St. Augustine, Florida? If any or all of these things appear in your dreams you may want to consider riding with us in 2002. I will be doing another crossing from San Diego, Calif. to St. Augustine, Florida next spring. The date has not been finalized but will start between March 15 and April 1 and will take about 45 days to cover 3100 miles. Again we will be riding about 80 miles per day and camping at night with a few motel stops when necessitated by weather or TB. There will be at least 5 rest days. The basic route will be the Southern crossing maps from Adventure Cycling. I would like to have 8 riders including myself and a copilot to help drive. We will carry your gear—up to about 4 panniers. If this sounds like something you would like to do, send me your e-mail address. My address is prichard@proaxis.com and I will put you on the information list. If you just want to dream along with us you are welcome to do that. Right now I have 3 committed riders who have done this before and 2 riders who want to go also.

Walter Prichard

- Club Information -

The Mid - Valley Bicycle Club is a recreational touring club for cyclists of all ages. We ride rain or shine! Helmets are required for all riders. Social and educational meetings are held regularly. Check this Newsletter or our website at www.mvbc.com for current information.

I (We) want to join the Mid - Valley Bicycle Club. Enclosed are annual dues as checked below.

Membership: \$15.00 Individual or \$20.00 Family

Name: _____

Phone: _____

Address: _____ Email: _____

Family member names: _____

Please check here if you do NOT want to be included in the club roster published in the newsletter

In consideration of my application, I hereby, for myself, my executors and administrators, waive and release any and all rights and claims for damages I may have against the Mid - Valley Bicycle Club, its officers, and members, prior to, during, and after my membership or association with the club or any event. I agree to accept all rules and regulations of the club.

Signature(s): _____

Date: _____ Signature of parent or guardian if under 18: _____



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Bike Touring
Editor

If you haven't responded yet to my request for touring information this summer, please send the following data to me by April 23 for inclusion in the May Spokesman:

1. Location
2. Name of organized tour or self-supported
3. Dates of tour

MID-VALLEY BICYCLE CLUB
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Meetings & Announcements

Future Events

April 29 - Blueberry Ride, www.blueberryrides.com
May 5 - MVBC Pig Out Ride, www.mvbc.com
May 6 - Monster Cookie Ride, www.salembicycleclub.org
May 25-28 - Northwest Tandem Rally, Pendleton, www.pendleton.or.us/pccguest/nwtr2k1.htm
June 2 - Apple Century Bike Ride, Wenatchee, www.wenatcheesunrise.org/century
June 9 - Strawberry Century, Santiam Slow Spokes, 541-926-6415
June 16 - Tour de Blast, Longview Rotary Club, www.tourdeblast.com
June 17-22 - Ride Around Wyoming, (307) 672-6323
June 23-July 1 - Loop Tour I
June 24 - Watermelon Rides, www.salembicycleclub.org
July 7-8 - STP, www.cascade.org/stp/
July 14 - Oregon Bicycle Winery Tour, Epilepsy Foundation benefit, (866) 222-5868
July 28-August 5 - Loop Tour II

August 12 - MVBC CBBT, www.mvbc.com
Sept 8-15 - Cycle Oregon, www.cycleoregon.com
Sept 30 - Peach of a Century, www.salembicycleclub.org

General Meeting — April 16, 7 pm

The April Meeting will be held at Papa's Pizza, 1030 SW 3rd St. Come for dinner at 6:15 pm and stay for slides and stories at 7:00 pm. Lloyd and Grace Swanson will share adventures from their trip to the Dordogne region of southwestern France.

IMPORTANT SUBMISSION INFORMATION

Submit articles, stories and photos for the May MVBC Spokesman no later than April 23.

Please send this material to the editor in Word format:

Lloydvswanson@home.com